

Net and Wall Games

Try to

Develop skills to make playing the game difficult for your opponent.

How?

Stand, hold batting equipment and swing arms correctly.

Try to

Outwit your opponent using skills strategies and tactics.

How?

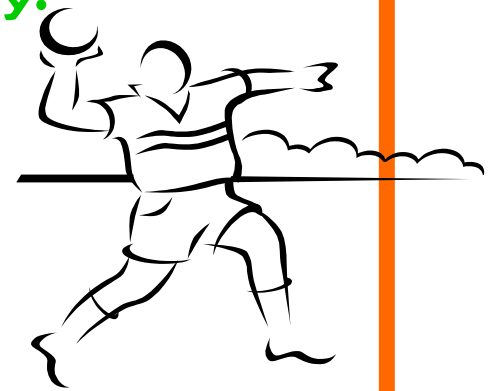
Practise strategies by hitting towards a target.

Try to

Aim the ball into a space to make the game difficult for opponents

How?

Be controlled in your actions, think clearly before playing a shot.



Key skills

Net and Wall Games

Throw and catch using a range of equipment

Use strategies and tactics

Know warming up is important

Activity effects your heart rate

Skilfull play is effective play

Be controlled and consistent

Adjust your stance to receive the ball

